

"I began using PE-RU-NA Tablets three years ago for estarrh of the head nd nose. Was unable to do anything. I saw a decided improvement after one box and after

Tablets or Liquid

using five boxes believe I am cured as there has been no THE return of the disease in two years." Fifty years of usefulness is the best guarantee of Pe-runa merit.

Sold Everywhere

DISTEMPER AMONG HORSES successfully treated with

Spohn's Distemper Compound

With the approach of winter horses are again more liable to contract contagious disease—DISTEMPER, INFLUENZA, COUGHS and COLDE. As a preventive against these, an occasional dose of "SPOHN'S" is marvelously effective. As a remedy for cases already suffering, "SPOEN'S" is equally effective. Give it as a preventive. Don't wait, 69 cents and 51.10 per bottle. SPOHN MEDICAL COMPANY GOSHEN, INDIANA



Thoughtful parents are having most gratifying and astonishing results by using this safe, agreeable preparation which quickly stimulates baby's digestion and regulates bowel movements. It is a fact that babies and children like to take

ARS. WINSLOW'S SYRUP

A few drops, depending on age, added to each feeding keeps baby's bowning regular. This finest combination of vegetable ingradients promptly overcomes diarrhoes, relieves wind soile, fistulency, constipation and other disorders—especially good at techning time.

The open published formula appears on every label—slways know what you give your baby. Mrs. Winslow a Syrup costs move to make—yet costs you no more than ordinary baby laxatives.

At All Draggists

ANGLO-AMERICAN DRUG CO., 215-217 Fulton St., New York rol Selling Agents: Harold F. Ritchie & Co., Inc., New York-Lo

Welcome Information!

Silas Corntassel was sitting on a plow in a field thinking of his income tax, and the money he had to pay the government for the same. As he chewed on a piece of straw he saw a friend and neighbor rushing through the field toward him. When the man reached him he exclaimed breathless-"You're wanted at home right away, Si. Mrs. Corntassel has just presented you with another rebate off your income tax."-Exchange.

DYED HER BABY'S COAT. A SKIRT AND CURTAINS

Each package of "Diamond Dyes" con-Each package of "Diamond Dyes" contains directions so aimple any woman can dye or taint her old, worn, faded things new. Even if she has never dyed before, she can put a new, rich color into shabby skirts, dreases, waists, coats, stockings, sweaters, coverings, draperies, hangings, everything. Buy Diamond Dyes—no other kind—then perfect home dyeing is guaranteed. Just tell your druggist whether the material you wish to dye is wool or silk, or whether it is linen, cotton, or mixed goods. Diamond Dyes never streak, spot, fade or run.—advertisement.

Almost the Same. Davis-Everything I have in this world I owe to my wife.

my wife bought.

By far the greatest thing a man can do for his city is to be a good

How It Happened.

"It seems to me that my career refutes the adage that poets are born. not made," asserted Tennyson J. Daft, the versatile versificationist. "I gave no evidence of any rhyming ability until I was a few months over four years old. Then one day when I was riding to town with my father the wheel of the buggy dropped into a chuckhole and I was flung out and the wheel ran over my head."-Kansas City Star.

Shave With Cuticura Scap And double your razor efficiency as well as promote skin purity, skin comfort and skin health. No mug, no slimy soap, no germs, no waste, no irritation even when shaved twice daily. One soap for all uses-shaving, bathing and shampooing. Advertisement

His Depth. Maybelle-You tickle me, Duke, The Duke-My word, what a strange request!

As If-He—I love a girl like you. She (jealously)—Who is she?— Wayside Tales.

Every department of housekeeping Henpeck—I'm almost like you, too. needs Red Bross Ball Blue. Equally Everything I owe for in this world good for kitchen towels, table linen, sheets and pillowcases, etc.-Advertisement.

> Men who invest in watered stock are apt to get soaked.

Never say "Aspirin" without saying "Bayer." WARNING! Unless you see name "Bayer" on tablets, you are not getting genuine Aspirin prescribed by physicians over 21 years and proved safe by millions for

Colds Toothache Earache

Headache Neuralgia Lumbago Rheumatism Neuritis Pain, Pain

Accept only "Bayer" package which contains proper directions.

IMPROVED UNIFORM INTERNATIONAL

(By REV. P. B. FITZWATER, D. D., Teacher of English Bible in the Moody Bible Institute of Chicago.) Copyright, 1921, Western Newspaper Union.

LESSON FOR NOVEMBER 13

PAUL BEFORE THE ROMAN GOV-

LESSON TEXT—Acts 24:1-27.
GOLDEN TEXT—Herein do I exercise
myself, to have always a conscience void
of offense toward God and man—Acts

REFERENCE MATERIAL-Luke 12:4-12. PRIMARY TOPIC-Why Faul Was Not

Afraid.

JUNIOR TOPIC-The Secret of Paul's

INTERMEDIATE AND SENIOR TOPIC -Defense Before a Roman Governor.
YOUNG PEOPLE AND ADULT TOPIC
-Paul's Defense Before Felix.

Paul Accused (vv. 1-9) Tertullus, perhaps a Roman barrister, formally made the accusation according to Roman law. He began with flattery. He gave Fellx the fullest praise when he and all the people knew that he lied; for Fellx was one of the worst governors-destitute of morals and justice. He brought a fourfold charge against Paul:

1. "A pestilent fellow" (v. 5). This would indicate a fellow utterly base and corrupt-a plague.

2. An inciter of rebellion, a mover of sedition (v. 5). This they hoped would bring him into conflict with the Roman power.

3. That he was the ringleader of sect—a schismatical party—a heretic

4. That he had profaned the temple (v. 6).

II. Paul's Defense (vv. 10-21). In this defense note:

1. Paul's frankness and courtesy (v. 10). Flattery is entirely wanting. He gives recognition of the fact that Felix had been ruler of this people long enough to be able to judge justly, as the habits and ways of the Jews were familiar to him; and then, in a dignified manner, assumes that Felix will render a just decision based upon the facts of the case.

2. The charge of sedition denied (vv. 11, 12). He flatly and scornfully denied this charge, showing its faisity, since the time was too short, being but twelve days since he went to Jerusalem, and half of that time had been spont as a prisoner of the Ro-His conduct while there disproved it-he disputed with no man in the temple; neither did he make any uttempt to incite the people in the city nor in the synagogue.

3. The charge of heresy (vv. 14-16). This charge he met by a concession and a denial. He admitted that he was of the "Way" which they called heresy, but clearly showed that it was in keeping with the Hebrew religion: (1) he worshiped the same God (v. 14); he fully believed in the same Scriptures (v. 14); (3) he had the same hope of a coming resurrection of the dead (v. 15). He declared that he made as the principle of life a conscience vold of offense before God and man

4. The charge of sacrilege, or profanation of the temple (vv. 17-21). This charge he refuted by showing (1) that he had come all the way from Greece (v. 17) to worship at the feast; (2) that he had not come up empty-handed, but had brought alms for his nation (v. 17); (3) that there were not competent witnesses present to testify as to his behavior in the temple (v. 10); by challenging his enemies to testify as to his conduct in the council

III. Paul Before Felix the Second

Time (vv. 22-27). This is a sort of a sequel to the trial. Wicked as Felix was, Paul's manner somewhat won his favor, though he did not release him. His sentence was indulgent imprisonment, which kept him free from his enemies while under Roman protection. Felix sent for Paul that he might hear of Christ from him. Paul behaved him-self aright before these singers in high life. He reasoned of righteons: self-control and judgment to come, before Felix and his siuful wife, with such power that Felix was terrified and declared that he would hear Paul further at a convenient time. This was a most filmsy excuse for not changing his life and granting justice to Paul. He was so in bondage to sla that he was unwilling to change. Also he about that by delaying matters he would receive a bribe.

The Lord Changeth Net. And I will come near to you to judgment; I will be a swift witness against fulse swearers, and against those that oppress the hireling in his wages, the widow and the fatheriess, and that turn aside the stranger from his right, and fear not me, saith the Lord of Hosts. For I am the Lord; I thange not.—Maisthi S:5; 6.

SF FAULTLESS STARCH LAUNDRY FOR SHIRTS COLLARS CUFFS AND FINE LINEN

Write your name and address below. Mail to Loring Park Sanatorium and receive Diet List and Menus FREE. Name

FREE—Complete Diet List and Menu Schedules with Table of Food Values and full instructions, recently compiled and based on seven years of experience and success in the treatment of Diabetes at Loring Park Sanatorium.

Write for above and booklet of Loring Park Sanatorium. Both sent Free.

LORING PARK SANATORIUM 1508 Hapmon Place Phone Atlantic 6344 Miss

Strategy.

"Now, you fellows, help yourselves to the cigars," cried Smith genially, after dinner. "They are some my wife gave me for a birthday present.

Gently but firmly, man after man vowed that he had sworn off smoking and the dinner party ended in a ghast-

"Whatever did you tell such a fib about those cigars for?" asked Mrs.

Smith, in angry surprise when the guests had departed. "You know very well that I gave you gloves for a birthday present."

"Oh, that's all right. Mary," replied Smith blandly. "That box of cigars cost me \$11 and I can't afford to give any of them away."-Edinburgh Scotsman.

The Truthful Witness.

There was a little squabble down at the boot camp and the next morning three rookies were lined up in front of the commanding officer. Two of the marines were principals in the fracas, and the third was a lone witness.

The C. O. drew a reluctant admission from the two battlers that they had exchanged a few blows, and he then circulation. turned an inquiring eye on the wit-

"And were you there at the inception of the altercation?" asked the C. O.

"No, sir," said the rooky, "but I was there when the fight began."—The Leatherneck.

A Busy Twenty Minutes.

In the next ten years astronomers have but 20 minutes in which to test Einstein's theory. During the fleeting moments of the solar eclipses they will work strenuously in an attempt to discover any deflection in the rays of light that pass the sun.-Scientific American.

The man at the little end of the horn always manages to make himself

A spinster says if it is true that man proposes and God disposes, some men fail to do their share.

DO YOUR TOES SPREAD OUT?

Mary E. Bayley, R. N., Telin What, in an Expert's Opinion, the Feet Should Be Like.

Does the great toe of your foot (or the big toes of both feet) continue in straight line from the heel? And do your other toes spread apart? If this condition exists you have good under-standing feet, according to Mary E. Bayley, R. N., who tells in the De-lineator what feet should be like. Her article has been approved by Dr. Virgil P. Gibney, surgeon in chief of the Hospital for the Relief of the Ruptured and Crippled, New York, and therefore bears, the stamp of authority.

Too much care cannot be taken of the feet, Miss Bayley continues, as they are the keystone to correct body position and have much to do with one's health. Particular attention should be paid to show fitting between the ages of nine and fourteen, since this is the period of growth and expansion. Stockings, two, come in for discussion, as tight-fitting ones compress the toes and interfere with the

Worry in Store.

Harold Lloyd is telling the story of an old darkey by in who took two or three days to move and groun his way through the income tax paper.

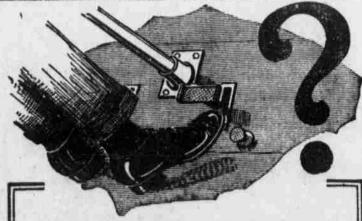
"An' now Ah got more worry." he announced after he had dotted the last

"I" and crossed the that "T."
"What's wrong now?" asked Harold. "Now," was the answer, "now befo' Ah can pay mah taxes Ah got to hunt all 'round an' locare the federal taxidermist's office."-Philadelphia Ledger.

Ready for More Father-Is he thrifty?

Daughter-Thrifty, daddie! Why, Jack's saved over \$2,000 out of that \$100,000 his grandfather left him the year before last.

A silent man's words are never repeated in court.



Are you stepping on the brake or the accelerator?

The food you eat does make a difference,

Heavy, starchy foods often do slow down body and mind-often steal the energy that belongs to the day's work. Grape-Nuts is a goahead food. It contains the perfected nourishment of Nature's best grains. It includes all those elements needed to nourish body and brain. It is easy to digest. It gives energy without taking

How about your breakfast or lunch-does it give, or take?

Grape-Nuts is sweet, crisp, delightful to the taste, and is an ideal source of power for a busy and difficult day.

"There's a Reason" for GRAPE-NUTS